

Kimberley K. Alberts
Clinical Director, Associated Counseling
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Education

- Masters Degree in Health Sciences in Addiction Studies Governors State University, 1999
- Graduate of Governors State University with Bachelor of Arts degree in Liberal Arts, 1996
- Graduate of Mennonite Hospital School of Nursing in Bloomington, Illinois with a Diploma Degree as Registered Nurse, 1983
- Graduate of Central High School in Clifton, Illinois, 1980

Numerous informal trainings, webinars, and workshops attended. Only formal trainings and educational programs are listed below; documentation of informal trainings available by request.

- Blackboard Training by ATTC the Training Point 2005
- Train the Trainers program held by Great Lakes Addiction Technology Center 2000, 2001, and 2002

Credentials

- Registered Dual Diagnosis Professional (RDDP) March 2008
- Licensed Clinical Professional Counselor (LCPC) April 2003
- Certified Mentally Ill and Substance Abusing Counselor (MISA II) 1999
- Certified Alcohol and Drug Abuse Counselor (CADC) 1995
- Certified Addictions Registered Nurse (CARN) 1994
- Registered Nurse 1983

Experience

February 2009 – Present: **Designated Clinical Director at Associated Counseling and Wellness Center.** Responsibilities include supervising clinicians, providing supervision, arranging trainings, developing policies and procedures, taking call.

July 2009 – November 2009: **Host of Life Matters on Voice America Radio.** Developed and talent on National Internet Radio show, conducted research, arranged guests, and hosted one-hour weekly radio show.

December 2008 – Present: **Private Practice Psychotherapist at Associated Counseling,** working with adults and adolescents in areas of substance abuse and addiction, life consequences, family issues, communication, life readjustment issues, grief and loss issues, trauma issues.

2002: **Adjunct Professor at Governors State University** teaching in the Health Sciences Addiction Studies Program. Developed and taught one-hour courses: Trauma and Addictions, Mental Illness and Addictions, Disabilities and Addictions, Ethics and Substance Abuse Treatment.

December 2007: Began **private practice counseling** adults and adolescents in areas of substance abuse and addiction, life consequences, family issues, communication, life readjustment issues, grief and loss issues, trauma issues.

1997 - December 2007: **Case Manager/Clinician for Adult Intensive Outpatient clients at Resolve Center.**

1996-1999: **Performed Behavioral Health Screenings at Iroquois County Probation Department through Riverside Resolve Center.**

1993-1997: **Dual Diagnosis Counselor on the Mental Health Unit at Riverside Medical Center.**

1995-1997: **Staff educator for all employees of Mental Health Unit at Riverside Medical Center.**

1998-1997: **Charge Nurse for Mental Health Unit at Riverside Medical Center.**

1986-1993: **Team Registered Nurse for all areas of Mental Health Unit at Riverside Medical Center,** including outpatient partial hospitalization program for adolescents.

Class Development

- Ethics and Substance Abuse Treatment, 1 credit hour
- Disabilities and Addictions Web based course, 1 credit hour
- Mental Illness and Addictions, 1 Credit Hour
- Post-Traumatic Stress Disorder and Addictions, 1 Credit Hour

Presentations

Innovative Groups and Techniques for Use in Substance Abuse Treatment.

Kankakee Community College, December 2010.

Elderly Adults and Substance Use. November 2008 Kankakee Community College.

Working with Borderline and Anti-Social Personality Disorders and Addictions. Kankakee Community College, November 2007.

Ethics and Boundary Maintenance. Haymarket Fall Workshop Series. Haymarket Treatment Center, Chicago, IL, October 2007.

Substance Abuse in the Workplace. Nursing Career Forum, October 2007.

Workplace Violence. Nursing Career Forum, March 2007.

Counseling Physically Handicapped and Hearing Impaired Clients. Kankakee Community College, November 2006.

All Work and No Play Make Dick and Jane a Bore! Nursing Spectrum Career Forum, May 2006.

Ethics in Substance Abuse Treatment. Kankakee Community College, November 2005.

Vicarious Traumatization. Nursing Spectrum Career Forum, June 2005.

Trauma and Addictions Kankakee Community College, September 2004.

Presenter at IAODAPCA Spring and Fall Conferences 2001-2008

- Disabilities and Addictions: Are you Ready?
- Confronting Antisocial Thinking Disorders
- Trauma and Addictions
- Preventing Vicarious Traumatization and Burnout

Presented at Hazelden 1999, Downtown and Satellite Office

- Crisis Intervention with Aggressive Clients
- Assessing for Aggression in Adolescent Clients

Presented at National Lutheran Youth Organization Board Meeting, October 2007

- History of Deafness in the United States

Community Presentations, Kankakee County Teen Conferences 1997-2002

- Suicide Prevention and Depression
- Communication Skills; Boundaries; Family Issues; and Healthy Friendships

Center on Deafness State Conference Presenter 1992 and 1993

- Improving the Reading Opportunities for your Deaf Child
- Helping your Child's Self Esteem Grow
- Building a Statewide Hearing Impaired Registry

Community Involvement

- Center on Deafness Bloomington Office, Parent Advisor
- Drug Court Kankakee County, Board Member
- Kankakee County Drug Free, Inc., Board Member
- Kankakee County Drug Free, Inc., President
- Lutheran Central-Southern Region, Vice President
- Lutheran Youth Group, Leader
- National Lutheran Convention, 08/11, Delegate
- Rosie Board, Secretary
- Rosie Fund Kankakee County, Board Member
- Sunday School, Teacher
- Youth for Christ in Central Unit #4 Schools, Steering Committee Member
- Zion Lutheran Church Council, Board Member

References

Mary Belford, M.D. Clinical Director Mental Health and Substance Abuse
815-937-1237 Units Riverside Medical Center, Kankakee, Illinois.

Robert Carty Retired Director of Treatment Alternatives to Sentencing,
847-675-0508 Associated with GLATTC AND IAODAPCA.

Mark Sanders Adjunct Professor GSU, Nationally known speaker
773-549-7914 Substance Abuse, Counseling, and Cultural Issues

Mona Poskin
815-933-1671

Nurse Manager, Mental Health Unit
Riverside Medical Center

Joe Ewers
815-937-2790

Director
Kankakee County Drug Court

Comments from Class Evaluations

- “Very knowledgeable about subject and content”
- “Why aren’t you teaching more courses here?”
- “Very helpful and workable solutions I can take home and use immediately. Thanks!”
- “Great class and instructor.”
- “Did great job keeping course and class interested and moving.”
- “Professor Alberts’ eyes shine and you can see her love of her work and clients when she is teaching.”